

PreventionFIRST!

2023 Coalition Academy *Tackling Threats to Prevention*

Workshop Descriptions

Tackling Threats to Prevention

Albert Gay, MS, Chief of Development, *TTJ Group & SheRay's & Associates, LLC*

Time: 9:00am – 10:15am | **Location:** Sequoia Ballroom 3 | **Domain:** P1

Workshop Description: The very nature of threats is to inflict damage or limitations upon someone or something. This is no different for the field of prevention of substance use and misuse. Prevention has always encountered challenges, but this should in no way make us comfortable enough to ignore or underestimate the current threats that are upon us. Since the pandemic, our field has had a significant loss of people, which diminished the size of our prevention workforce. In addition, there are threats to resources and partnerships. In this keynote address, the speaker will outline some of the threats that range from subtle to enormous. A call to vigilance will be heard, as the speaker encourages those within the field to rise and meet the waves of challenges that threaten the future of our prevention work.

Training Objectives:

1. Identify the threats to prevention efforts.
 2. Recognize vulnerabilities within prevention.
 3. Understand strategies for overcoming vulnerabilities and tackling threats.
-

It Doesn't Have to be Scary: Using Strategic Action Planning to Address the Threats to Your Coalition

Colleen Oakes, MA, OCPS, Manager, *Montgomery County Prevention Coalition*

Time: 10:30am – 11:45am | **Location:** Sequoia Ballroom 3 | **Domain:** P4

Workshop Description: As times change and perspectives shift, community Coalitions face threats, new and old, every day. This presentation will include a mock strategic action planning process where Coalition leaders can practice problem-solving in a group setting. We will walk through a SWOT analysis, determine threats to community Coalitions, and create a strategic action plan to address those threats. Participants will have the opportunity to collaborate and brainstorm with other Coalition leaders to create a comprehensive approach that combats threats to their Coalitions.

Training Objectives:

1. Identify 5 threats to community Coalitions in Ohio.
2. Learn one approach to conducting a strategic action planning process in a group setting.
3. Create a strategic action plan template to use with individual Coalitions moving forward to address the determined threats.

Workshop Descriptions

Suicide Prevention with Veterans

Jason Scott, LISW-S, Community Engagement & Partnership Coordinator, Cincinnati VA Medical Center

Time: 10:30am – 11:45am | **Location:** Sequoia Ballroom 2 | **Domain:** P2

Workshop Description: Veteran suicide prevention is VA's highest clinical priority. Suicide is preventable and everyone has a role to play in saving lives. The VA's comprehensive approach to suicide prevention considers the many factors that contribute to risk for suicide and looks beyond the individual—to family members, caregivers, peers, and communities—for support in preventing it. The VA uses the latest available research to develop evidence-based, multidisciplinary approaches to promote health, prevent disease, and help Veterans lead longer lives. This training session will provide vital information about veteran suicide prevention, as well as evidence-based mental health and substance use disorder treatments that can help Veterans recover and meet their goals.

Training Objectives:

1. Participants will learn about risk factors and how to recognize suicide warning signs.
 2. Participants will learn ways to encourage Veterans to pursue mental health treatment, including treatment of substance use disorders, and help reduce the stigma Veterans may associate with seeking treatment.
 3. Participants will learn how to help support Veteran's sense of connectedness in the community, increasing social support and a sense of belonging.
-

Introduction to Sports Betting Consumption & the Current Landscape

Abdullah Mahmood, LSW, LCDCIII-GAMB, OCPSA, Program Coordinator, Problem Gambling Network of Ohio

Time: 10:30am – 11:45am | **Location:** Sequoia Ballroom 1 | **Domain:** P2

Workshop Description: On January 1st, Ohio launched the largest expansion of gambling in state history, which is also the largest introduction of sports betting in the nation. This session will provide an overview of the changes in gambling availability in Ohio and surrounding states. Attendees will also be provided with an overview of data regarding gambling, gambling prevalence, as well as the new demands that sports betting will lead to for prevention professionals and what you can do to make sure community takes a pause before they play.

Training Objectives:

1. Know the prevalence of gambling and problem gambling in Ohio.
2. Understand which populations are most at-risk for developing gambling problems, specifically sports betting.
3. Be aware of how the new frontier of gambling will change our communities & practice.

Workshop Descriptions

Scary Truths of Youth Screen Addiction

Mike Eiden, LCSW, LCADC, CSAT, CCS, Owner & Founder of *Eiden Integrative Counseling*

Michelle Massey, M.Ed., Education Program Developer, *Operation Parent*

Amanda Flaherty, BA, Social Media Specialist, *Operation Parent*

Time: 12:45pm – 2:00pm | **Location:** Sequoia Ballroom 3 | **Domain:** P3

Workshop Description: Youth Screen Addiction is increasing at a scary rate. Mike Eiden will explain the neuroscience and physiology behind the problem. Discuss related behaviors including overuse of gaming, screentime, social media, pornography, and sexting. While he also reviews impactful treatments for screen addiction. Even though it is frightening and work to do Operation Parent is here help and share hope through strong strategies for intervention, prevention, and parent resources. These resources will help parents and practitioners alike in treating and reducing screen addiction in your communities.

Training Objectives:

1. Explore youth addictive screen behavior (Gaming, screentime, social media, pornography, and sexting).
 2. Identify signs and developmental consequences of screen addiction.
 3. Learn effective intervention and prevention strategies.
-

Holding It All Together

Dedra Perlmutter, CPCC, CPRW, SHRM-CP, PHR, Senior Career Coach, *JVS Careers*

Brian Kerstine, CPRW, Director of Business Development; *JVS Careers*

Time: 12:45pm – 2:00pm | **Location:** Sequoia Ballroom 2 | **Domain:** P6

Workshop Description: What keeps you up at night? We will be discussing the importance of having a healthy Work-Life Balance and how to achieve it. We will talk about strategies, both from an employee point of view and from the employer. Learn new strategies and techniques on how to deal with stressors in today's busy world of career and life.

Training Objectives:

1. To understand what it means to have a work-life balance.
2. Strategies on developing a healthy work-life balance.
3. What is the difference between work-life balance and work-life blend.

Workshop Descriptions

Impact of DORAs on Prevention

Jennifer Benson, BA, OCPC, ICPS, Prevention Consultant, *Prevention Across the Ages*

Time: 12:45pm – 2:00pm | **Location:** Sequoia Ballroom 1 | **Domain:** P5

Workshop Description: Designated Outdoor Refreshment Areas (DORAs) are being implemented across Ohio. What are they, why are they being implemented and how does that impact the community? In this training, we will discuss the what, why, and how of DORAs and what prevention professionals can do to ensure the most evidence-based strategies are being employed.

Training Objectives:

1. Participants will understand what a Designated Outdoor Refreshment Area is and be able to describe 3 aspects of it
 2. Participants will be able to determine where in their community a DORA may be and which governing body has jurisdiction over the ordinance
 3. Participants will make a plan with at least 2 things they can do in their community that is impacted by a DORA
-

Utilizing the Stanford MJ Prevention Toolkit Model

Christi Valentini-Lackner, BS, OCPC, Chief Program Officer, *PreventionFIRST!*

Jayla Lee, BS, OCPSA, Program Coordinator, *PreventionFIRST!*

Jade Jacobs, BS, CHES, OCPSA, Program Coordinator, *PreventionFIRST!*

Time: 2:15pm – 3:30pm | **Location:** Sequoia Ballroom 3 | **Domain:** P2

Workshop Description: The Stanford Cannabis Awareness and Toolkit is an educational, evidence-based resource used to teach basic information about cannabis, understand brain development, and gain refusal skills to address peer pressure. In this session we will break down the toolkit to help you understand the importance of each piece and get you comfortable enough to teach the ways of the toolkit and inspire others in this field to use it as a way to benefit their target audience

Training Objectives:

1. Participants will be able to select sections of the Stanford Cannabis Awareness Toolkit that will benefit their selected population.
2. Participants will feel confident presenting sections of the Toolkit.
3. Participants will be able to advocate for the use of the Toolkit in their community.

Workshop Descriptions

Xylazine & Other Drug Trends in the Tristate

Chief Tom Synan, Police Chief, Newtown Police Department

Time: 2:15pm – 3:30pm | **Location:** Sequoia Ballroom 2 | **Domain:** P2

Workshop Description: Col. Thomas W. Synan, Chief of Police, at the Newton Police Department will discuss the facts (origins, composition, effects, and packaging) on current and emerging drugs, and the recent tri-state drug trends across the tri-state. Drug use and its resulting health effects can change as new trends and drug formulations emerge and become more widely accessible/used. Identifying and understanding these trends helps to drive policy, identify, and implement effective prevention strategies, and determine new avenues for community engagement. Also, discover how social media is utilized to target minors and learn different methods used to conceal drugs. With the facts, knowledge and insight of local law enforcement, participants can stay informed.

Training Objectives:

1. Participants will gain knowledge about current and newly emerging drugs.
 2. Participants during this session will be able to identify current drug trends across Ohio, Kentucky, and Indiana.
 3. Participants will gain knowledge and understanding of local trends, helping them to identify and implement effective prevention strategies in their communities.
-

The Importance of Prevention Credentialing

Jennifer Benson, BA, OCPC, ICPS, Prevention Consultant, *Prevention Across the Ages*

Time: 2:15pm – 3:30pm | **Location:** Sequoia Ballroom 1 | **Domain:** P6

Workshop Description: Many professionals conduct prevention strategies. They do this through formal and informal means. When an individual provides prevention without a prevention credential, the interventions may lack the science and evidence to make them effective. Anyone providing prevention strategies should obtain the prevention credential to ensure they are providing the best possible services to the community. This workshop will explain the prevention credentials, their importance, and an overview of the process.

Training Objectives:

1. Participants will understand at least 2 reasons someone should obtain a prevention credential.
2. Participants will gain the language and knowledge to be able to explain to others the importance of the prevention credentials.
3. Participants will be able to begin the process for obtaining the prevention credential.